

UU and YOU

Newsletter of the Unitarian Universalist Fellowship of Waynesboro

565 Pine Ave., Waynesboro, Virginia 540-942-5507 www.uufw.org



Sunday Services for July/August 2010

REMINDER: From now through August, Sunday services will begin at 10:00 a.m. Religious education classes for children and youth and nursery care are offered at the same time as the adult service.

July 4, 10:00 a.m. "Patriots' Voices" This service was written and compiled by Dr. Anna Louise Brunner of Emerson UU Church in Houston, Texas. It generated a lot discussion when it was presented last year and there have been requests for it to be repeated this year. It will be presented by Bill Harouff, Carroll Lisle and Bob Richards.

Lay Leader: Bill Harouff

July 11, 10:00 a.m. "Our Unitarian Heritage: Roots"

- Rev. Ed Piper

This talk is the first in a four-part series about the history of our faith movement. The origins of both Unitarianism and Universalism can be traced to controversies that arose within the Christian church during its first four centuries. After being declared a heresy at the Council of Nicea, the Unitarian view did not reappear until the 1500s, when its advocates were persecuted by both the Roman Catholic and Protestant churches.

Lay Leader: Susan Clark

July 18, 10:00 a.m. "Our Unitarian Heritage: Branches"

- Rev. Ed Piper

Unitarianism did not flourish until it came to America, where it was embraced by several of our nation's founders and leading intellectuals. During the past 200 years, Unitarians have been on the forefront of progressive social justice movements.

Lay Leader: Jody Grogan

July 25, 10:00 a.m. "Politics, Art and the Virgin"

- Mary Echols

Mary Echols will bring her artistic expertise to this presentation. She will speak on the importance of separation of church and state using as an example the Saint' Ambrogio Altarpiece by Fra Filippo Lippi, 1442. She will have handouts and slides for us.

Lay Leader: Linda Grogan

August 1, 10:00 a.m. "The Inherent Worth and Dignity of Every Person; an Islamic Perspective"

Zahir Mahmoud will share how this tenet of our Unitarian Universalism is seen and practiced in Islam.

Lay Leader: Sylvia Woodworth

August 8, 10:00 a.m. "Our Universalist Heritage"

- Rev. Ed Piper

Like Unitarianism, Universalism arose as a protest movement within early Christianity, finally reaching its fruition in the climate of religious freedom and egalitarianism here in America. Today's universalism is concerned far less concerned with salvation in the afterlife, but in seeking justice in this life.

Lay Leader: Blake Clark

(Continued)

August 15, 10:00 a.m. “The Future of Unitarian Universalism”

- Rev. Ed Piper

In the nearly 50 years since the merger of the Unitarians and Universalists, our movement continues to be on the forefront of progressive social issues while also trying to meet the spiritual needs of a new generation of seekers. What are the challenges and opportunities we face in the 21st century?

Lay Leader: Jody Grogan

August 22, 10:00 a.m. “Growth vs. Protection; Physical and Global Repercussions”

Dr. Joe Dockery will speak on how much we can learn from the functioning of a simple cell. Survival depends on systems in place for both the growth of the cell, species or nation, and its protection. He will explain how protection phases always override growth phases and thoughtfully relates this dynamic to physical, emotional and societal health.

Lay Leader: Doug Woodworth

August 29, 10:00 a.m. “A Sunday Sit, American Buddhist Style”

- Anne Armentrout

Anne will present this "pedagogic liturgy" which will give us the experience of joining a *sangha* pursuing its *dharma* path through a practice of meditation, reading and chanting. Her qualification to do so is mostly by virtue of hanging out with a motley minyan of Buddhist in the mountains of Tennessee!

Lay Leader: Linda Grogan



REFLECTIONS, Rev. Ed Piper

The recent spell of hot and dry weather makes it seem more like July or August. This year we seem to have skipped the early days of summer, with temperatures in the 70s and nights cool enough to leave your windows open. I have found myself too often hunkering down in artificially-cooled surroundings. Adding to the weather-related sense of confinement is the ongoing frustration and anger surrounding the oil spill in the Gulf of Mexico--a “crisis” now entering its third month. I have decided to put myself on a “news diet” by limiting my exposure to the endless stream of discouraging news and finger-pointing.

And yet, in the midst of all the man-made turmoil, the cycles of nature flow on. One of the benefits of living in the countryside is the opportunity to observe the ebb and flow of the plants and animals throughout the year. Each of them has their time of ascendancy, sometimes lasting only a few days until they disappear for another full year. Flickering fireflies illuminate the trees around our house. In the evening, bats flutter above our deck in search of their nightly feast. The menagerie of creatures on our neighbor’s farm (including horses, cattle, camels, geese, and a brave little donkey) graze together in quiet harmony.

I hope that you too will find opportunities during these summer months to remind yourself that the cycles of life continue in spite of human attempts to interfere with them. I hope you will find times and places that are different from your usual routines, where you can pause long enough to appreciate the beauty and bounty that surround us. I hope you have a meaningful summer.

In Faith,
Ed Piper

NEWS FROM YOUR BOARD

Here are some highlights from the June 6th Board meeting:



-UU Talent- Bob thanked all those who were willing to stand up in front of an audience and display their talent last night. It is evident that we have a huge range of talented people in our congregation.

-The new photo directory- We had hoped to distribute our new directory at the Annual Meeting but Dixie explained that Olin Mills are dragging their feet and it is not ready yet. Oh well, when we finally get it we'll all look younger!

-Sunday Services- Sylvia and Linda have worked hard to put a summer program together of lay-led services for the days when Ed is not here. A lot of effort has gone into the planning so please come out and support our guest speakers and fellow congregation members.

-Evaluation of Administrative Assistant- Once again Marilyn received an excellent performance rating in her recent evaluation. Thanks for all your hard work Marilyn and the Board is looking into buying you a new computer.

-Thank you- Bob expressed a big THANK YOU to all the Board members for their work this year.

FROM THE PRESIDENT, Bob Richards

The drama of our lives continues; even in the Summer. Perhaps it even intensifies for some of us since "the kids" are out of school. I know Hinda and I are busy with grandchildren with all the activities and down time during these months.

But life goes on for the Fellowship too. We gather each week for enlightenment as we continue our journey together. John Collins Curtin said, "If we knew each others secrets, what comfort we would find". I wonder whether that's true. My interpretation of that statement is that we would find comfort because all of us have basically the same secrets of doubt, shame, fear, loss, uncertainty, etc. Some of these things we do not even admit to ourselves so how could we share them? Self knowledge is elusive and can be dangerous if revealed to the wrong person(s).

Many years ago I became acquainted with something called, "The Johari Window". It is a square with four quadrants. One is what we only are aware of about ourselves. The second is what others know about us that we do not. The third is what neither we nor others know about us. The Fourth is what we and others know about us. For each person these quadrants are bigger or smaller depending on the content of the information. A quiet reserved person may have an enlarged quadrant one. A more self aware person may have an enlarged fourth quadrant. How self-aware and how revealing we are will dictate what percentage of each quadrant makes up the whole.

I would like to believe that Universalist Unitarians are bulging in the Fourth Quadrant. However, this is an individual dynamic and is probably just as varied as any given segment of the population.

Last month I spoke on the 20th about my journey so far. I say, "so far" because it is constantly evolving into a deeper sense of what life means and how my identity is formed by what I experience and my search for more "truth". However, as one of my poems begins, "The truth is that there is not truth, we must live with the Vaulted Silence", Perhaps it is not "truth" that I am after, but a deeper experience of reality, i.e. "what is".

Do you have a, "truth"; something which you feel passionately about? What is your, "ultimate concern"? What is, "the ground of your being"? These are questions that I have fun wrestling with in my search for my personal take on, "what is". What's your take on all this?

Finance Committee, Ann Thompson



This was an interesting year for our committee as we took a new tack on our finances by focusing on the idea of hopes and dreams for a generous congregation. Our clear priorities were on expanding our outreach to others in the local community plus exploring new ideas for our music program and continuing with the landscaping projects around our grounds. The pledge drive itself raised over \$100,000 toward a fiscally responsible budget, and the added generosity of those who gave an additional pledge at the annual meeting helped us reach a final total of just short of \$104,000. We are grateful to all who participated in this important financial endeavor; however, the fact remains that we still have a shortfall for next year. Since we are fortunate to have some cash reserves on hand, we were able to vote to accept our 2010-2011 budget, but as Ed reminded us on June 6th, we need to face our financial responsibilities more openly going forward. Our congregation is super generous with the giving of time and talent and we appreciate greatly the efforts of so many. As we move into a new fiscal year, the Finance Committee will be continuing its conversation about finance, hoping to provide more background statistics to help us gain a better understanding of our financial responsibilities at the UUFW. One simple fact, for example, that is not known by everyone: it costs the UUFW \$78 per member to pay dues to the TJ District and the UUA. And another item on the horizon: we will be taking on a mortgage for the new addition come August first. We will be sharing much more of this kind of information as we move forward, and we also will continue to hope and dream!

Fellowship Committee, Laura Hiatt

The Fellowship Committee was busy again in June:

- (1) They along with the Board furnished food before the Annual Meeting on June 6.
- (2) They hosted the travelogue with Dr Bruce Bowman, a local veterinarian who went on a missionary trip last summer to Northern India. Tea and Indian breads accompanied his wonderful talk and photos.
- (3) They helped plan and host the joint UUFW and HUU picnic in Grottoes. It was a resounding success, with fun music, good food and volleyball.

Social Action Committee, Helen Cloud



On June 17th at Disciples Kitchen a group of UU volunteers served 92 meals plus 6 meals to volunteers. The meal consisted of Baked Potatoes, Beef Chili, Broccoli and Cheese, and large and varied assortment of pastries from Costco. It cost \$135.00, or \$1.35 per person.

A recap of our lunches to date follows:

March 8	Lasagna	\$1.12/person
April 29	Italian Rice and Beef	\$1.48/person
June 17	Baked Potato Bar	\$1.35/person

Reminder: As you travel this summer remember to bring back a small sample of water from your journeys. This water and its origins will be shared at our annual “Water Ceremony” in September. Details in the September newsletter.

Activities

UUFW Quilting Group will meet Wednesday, July 7 and August 4, 7 p.m. at the Fellowship. Contact Pat Patterson for more info, 886-0574, pattersonpat20@gmail.com.

Brown Baggers will meet July 21, 11 a.m. at the home of Sophia Cliffe, 209 Rose Hill Circle, Staunton, 885-3000, sophiarose209@gmail.com. On August 18th they will meet at Lee Patterson's home, 415 Thornrose Ave, 885-0572, kpatter@cfw.com. Brown Baggers are women who meet for purely social reasons and the group is open to any woman. Bring your lunch and the hostess will provide drinks and dessert. Brown Baggers usually meet the third Wednesday of each month at 11 a.m.

The following regular activities will resume in the fall. Watch for the September newsletter.

Lunch with Ed

Second Saturday at the Visulite

UUFW Men's Group.

The Teen Tea

"All Congregation Pot Luck Lunches"

Sophia's Daughters (Women's Spirituality Group)

Special Event

Sophia's Daughters invite all women of the congregation, from teens to older members to join **the Mistress of the Revels at 11:30 am on Sunday, August 8**, as she shares her bag of tricks. Bring a brown bag lunch and come explore your natural creativity and innate theatricality while amusing yourself and entertaining one another. It's a Midsummer Mellow Drama and fun for all. Come on, make it a play date! For more information contact Anne (Ilka) Armentrout, 887-6521, or aiwa.rha@verizon.net. Childcare is available if you let Fran Clark know by the Thursday before that Sunday.



Minister's Announcements:

Saturday, July 17, 9:00 a.m. - 12:00 noon - Fellowship Hall

Joint Board Retreat for outgoing and incoming UUFW Board members. This meeting is important in making the transition to new leadership for the coming year. If a committee chair is unable to attend, please ask your assistant chair to attend in your place.

Sunday, July 18, 11:30 a.m. Lunch and debriefing session for all Caring Network volunteers who served in 2009-10.

Joys and Concerns

Welcome to new members **Wayne and Maribeth Nolde**, who joined our Fellowship on June 13th.

After 11 years of partnership, **Sarah and Dawn Norris** were officially married on June 24th in Bernardston, MA. They honeymooned in Provincetown, MA along with their boys Jay and Gray.

Former associate member **Rosy Bostic** and Tom Wagoner were united in marriage in a ceremony led by Rev. Ed Piper at the Fellowship on June 5th.

Bob Cloud has returned home after a two-month stay at Augusta Health, where he underwent rehabilitative treatment after a series of mini-strokes in March.

Dixie McClenahan is recovering from outpatient surgery performed June 8th.

On June 10th, Rev. Ed Piper led a memorial service for **Barbara (Townsend) Stark**, one of the founding members of our Fellowship, who died at the age of 80.

Barbara Wright is recovering from hip replacement surgery performed in early June.

Congratulations to **Lauren Nash** who received the Outstanding French Student award, the Rachael Carson Environmental Science Writing Award, and was inducted into the National Honor Society at Waynesboro High School at their end of the year awards ceremony.

The items included in Joys and Concerns were current as of the deadline for this issue of the newsletter. More recent events are shared each week during the Joys and Concerns portion of our Sunday service. If you have general news to share about a UUFW member, please pass it along to our newsletter editor Marilyn Nash. If you become aware of a hospitalization, crisis, or death of a Fellowship member, please **immediately** notify Rev. Ed Piper, our Caring Network coordinator Hinda Richards (hindabob@comcast.net or 887-7515), or the appropriate Caring Network volunteer listed below.

This and That

(1) PRIDE IN THE PARK, Mike Drumheller

Celebrate the 'One Human Family' with your friends in SVGLA! Now more than ever our LGBT community has much to celebrate and much to be proud of. In ways hardly imaginable even a decade ago, our lives and our relationships are out in the open, recognized and valued by our families, our friends, and our allies in the larger community. In addition to our fourth annual "Pride in the Park," this year additional events are planned. "Pride in the Park" is scheduled for Sunday, July 25 from 4:00-8:00 PM at Shelters #11 and #12 in Hillandale Park in Harrisonburg. Burgers (vegetarian and meat), snacks, and soft drinks will be provided (alcoholic beverages are not permitted within the park). Volleyball and live music will be featured. Pets and all family members are welcome. THANK YOU to our Valley Pride Co-sponsors: the Miller-Coors Lesbian and Gay Employee Group (LAGER), Equality Virginia, the Unitarian Universalist Fellowship of Harrisonburg and the Unitarian Universalist Fellowship of Waynesboro.

(2) **Tamara Kincaid** is forming a team for the **AMERICAN HEART WALK** this year at Gypsy Hill Park. All Fellowship members are invited to join her team. The walk is Sept 11 from 9:00 to noon. Although the walk is not until September it is necessary for people to go online and register now as a member of the team so they can start fundraising for the American Heart Association. Contact Tamara at 337-0019 or tammykincaid@gmail.com.

(3) **Chrysalis** meets Sunday, July 11 from 3:00 – 5:00 at the Fellowship. David Copson presents, "The Eye of the Beholder". There will be no Chrysalis meeting in August.

The Rev. Ed Piper, Minister

Office Hours: Tuesday, Wednesday, and Thursday by appointment.

E-mail: minister@uufw.org. Office phone: 540-942-5507. Home phone: 540-249-3165

Fran Clark, Director of Religious Education

Office hours: By appointment

Home: 943-5383 Office: 942-5507 Cell phone: 241-4754 E-mail: Frnclar@aol.com

Marilyn Nash, Administrative Assistant

E-mail: mpnash@ntelos.net Phone: 943-4202.

Contact Marilyn to schedule the use of our Fellowship buildings.

Board of Directors

President	Bob Richards	887-7515
Vice President	Christina Rivera	886-0675
Secretary	Gillian Preston	943-5335
Treasurer	Ann Thompson	943-1311
Membership	Elaine Goss	943-3918
Religious Ed	Jen Liskey	248-2862
Bldgs & Grounds	Will Strickland	241-0147
Sun. Programs	Linda Grogan	294-4484
Social Action	Jody Grogan	290-9580
Fellowship	Lee Patterson	885-4455
Communication	Florence Ferguson	828-7048
Finance	Marsha Fuller	885-2399
Webmaster	Karen Pickering	946-4582

Additional Valued Assistants

Caring Network	Hinda Richards	887-7515
Newsletter	Marilyn Nash	943-4202
Trustees	Suzy Huston	885-6458
	Sylvia Woodworth	949-4407
	Blake Clark	248-0228
Historian	Laura Hiatt	943-3695
Comm. on Ministry	Ann Thompson	943-1311
	Doug Woodworth	949-4407
	Bruce Dorries	292-0734
Pianist	Virginia Edwards	943-0091
	Charlotte Shnaider	886-0517
	Liz Barnes	836-8931
Custodian	Neil Van Name	447-0318

Newsletter Deadline: The deadline for submissions to the September newsletter is August 13th.
Submitting Information: E-mail mpnash@ntelos.net or 540-943-4202

Unitarian Universalist Fellowship of Waynesboro
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Waynesboro, VA 22980

“We are not truly civilized if we concern ourselves only with the relation of man to man. What is important is the relation of man to all life.”

Albert Schweitzer

This newsletter is mailed or e-mailed without charge to members, friends and also to visitors for an introductory period. Others may ensure continued receipt through a yearly contribution of \$10 to help defray the cost of its publication. Please make your check payable to UUFW and send to Treasurer, UUFW, and 565 Pine Ave., Waynesboro, VA 22980